



2024COE HIP & KNEE Program Outline

Welcome

The Australian Orthopaedic Association (AOA) is the peak professional body for orthopaedic surgeons in Australia.

AOA provides high-quality specialist education, training and continuing professional development.

AOA is committed to ensuring the highest possible standard of orthopaedic care and is the leading authority in the provision of orthopaedic information to the community.

AOA actively supports scientific research and orthopaedic humanitarian



Dear Colleagues

Explore the dynamic theme of Hip and Knee, featuring sessions on alignment, technology's impact, game changers, joint infection, and thromboembolism prophylaxis. Benefit from a symposium on "cradle to the grave" and engaging case panel discussions.

We're honoured to host Prof Javad Parvizi and Dr Mark Clatworthy as international guests, sharing their wealth of experience.

Join us for this enriching academic experience and reconnect with peers on 14-15 March 2024.

Don't delay register now to secure your seat at the 2024COE.

We look forward to see you in Sydney.

COE Convenors
David Liu & Sheanna Maine

Venue



Sofitel Darling Harbour | Sydney | Australia

Keynote Speaker



Mark Clatworthy

New Zealand



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Keynote Speaker



Javad Parvizi

United States

Thursday 14 March 2024
7.30am-5.30pm

PLENARY - Alignment and Surgical Planning

- Beyond the malalignment test - Is planning in the coronal plane enough?
- Spinopelvic considerations- what I have learnt in the sagittal plane
- Rotational malalignment, are we speaking the same language?
- How CPAK influences planning for my primary TKR?
- Spinopelvic planning for THA made easy
- Panel Discussion - Cases

SYMPOSIUM - Prosthetic Joint Infection

- PJI- What I have learned over the years and how it has changed my practice
- Diagnosis of early and late PJI
- Acute secondary PJI- DAIR or 1 stage or 2 stage
- DAIR - how I do it
- 1 stage vs 2 stage exchange arthroplasty

CASE DISCUSSION - acute, acute secondary, chronic- indeterminate, sinus

SYMPOSIUM - Cradle to the Grave

- Paediatric hip - Perthes / DDH / SCFE - reconstruction vs salvage
- Paediatric knee - OCD and cartilage salvage
- Paediatric ACL - what I do differently
- Young adult- hip FAI labral tear
- Young adult hip- arthroplasty, role of resurfacing
- Young adult knee- unicompartmental OA +/- ACL
- Young adult patellofemoral- OA and instability/ maltracking
- Young adult knee- HTO +/- MAT versus UKA
- TKA in the young high demand pt
- Destroyed supracondylar femoral fracture- fix or replace
- Fractured NOF- GIRFT
- Periprosthetic fracture- cemented stem with fractured mantle

SYMPOSIUM - VTE Prophylaxis

- VTE in total joint arthroplasty- CRISTAL study
- VTE prophylaxis- Why I use aspirin
- VTE prophylaxis- The final word and audience poll on their choice

COCKTAIL PARTY



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PROGRAM OUTLINE

Friday 15 March 2024
7.00am-4.00pm

PLENARY - Technology and Responsibility

- Minisymposium - Role of Technology
- Debate : Are we too reliant on technology
- Role of AI in Orthopaedics
- Premier Sponsors - Engineering arthroplasty and industry vision in the next 20 years

HIP ARTHROPLASTY - Symposium

- The anterior approach - hip or hype
- Role of arthroscopy in treating the painful THA
- Hip resurfacing- What I have learnt that works and surgical steps to success
- Hip alignment- a 3D perspective
- Do we need assistive technology in THA?
- How I balance the hip in THA
- Modern techniques for implant removal in revision THA

KNEE ARTHROPLASTY - Symposium

- Kinematic alignment - when to beware
- Prosthesis design and kinematics- does it matter?
- How I manage balancing in TKA
- Valgus knee- how does it differ?
- Debate - ACL Graft choice in the athlete
- Revision strategies in TKA- Managing bone loss
- Revision strategies in TKR - managing fixation and stability
- Revision strategies in TKA- Extensor mechanism disruption

SYMPOSIUM - Game Changers

- Joint registry update - how it will change my practice
- The 5 clinical trials that have most significantly changed my practice
- Medico legal nightmares and lessons - why I do things differently
- Surgeon wellness
- Short stay arthroplasty- Are we ready for it in Australia
- ERAS- What I do and keys to success

COMPLEX CASE - Panel discussion

- Knee scenarios- valgus knee, extreme fixed flexion, hyperextension
- Hip scenarios- coxa vara with extreme offset, stiff spine, hypermobile spine



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