



2026

AOA Victoria Branch

ANNUAL SCIENTIFIC MEETING

Scientific Program

20 - 22 February 2026 | Mantra, Lorne, Victoria

aoa.org.au/events



Welcome

The Australian Orthopaedic Association (AOA) is the peak professional body for orthopaedic surgeons in Australia.

AOA provides high-quality specialist education, training and continuing professional development.

AOA is committed to ensuring the highest possible standard of orthopaedic care and is the leading authority in the provision of orthopaedic information to the community.

AOA actively supports scientific research and orthopaedic humanitarian initiatives, in Australia and overseas.

We look forward to welcoming you back to Lorne for the **2026 AOA Victorian Branch Annual Scientific Meeting and Annual General Meeting.**

Date 20-22 February 2026

Venue Mantra, Lorne, Victoria

- ◆ The AOA Victorian Branch Annual Scientific Meeting is the premier event of our calendar year. This program showcases the outstanding research of our colleagues, featuring engaging presentations across a range of subspecialty areas.
- ◆ It offers an excellent opportunity to network, exchange ideas, and reconnect with the broader orthopaedic community, while also engaging with our valued sponsors.

We warmly encourage all Victorian AOA members to attend and look forward to seeing you at this highlight event.

Alasdair Sutherland & Sina Babazadeh
(VIC Chair & Scientific Secretary)



Venue



Mantra | Lorne





Keynote - Peter Larkins



PLENARY - The Challenge of Treating Elite High Performance Athletes – A 50 Year Perspective

Saturday 21 February 2026

Dr Peter Larkins is a former international athlete and leading Australian sports physician who has combined a decade of elite competition with a distinguished medical career. He founded Australia's first solo specialist sports physician practice, has worked with major teams and international sporting events, and co-established the Epworth Sports & Exercise Medicine Group. Now focused on community health, he promotes active living through clinical practice, corporate speaking, media commentary and his 2024 book *The Healthy Hundred*.

Keynote - Herwig Drobetz



PLENARY - The good, the Bad and the Ugly. Humanitarian Medicine in War Zones

Sunday 22 February 2026

An Austrian-trained orthopaedic trauma surgeon based in Lismore, NSW, with a PhD and professorship at the University of Sydney, specialising in distal fractures, telemedicine, and sustainability. Passionate about humanitarian medicine, he has served with MSF and the Red Cross, teaches war surgery globally, and leads initiatives in orthoplastic care for low-resource settings.



Friday 20 February 2026

- 12.30pm Registration and lunch
- 1.30pm Welcome **Sina Babazadeh**
- 1.40pm Long-Term Outcomes at Ten Years After Surgery for Total Hip and Knee Periprosthetic Joint Infection) **Thomas Blight**
- 1.50pm Custom Antibiotic-Coated Intramedullary Nails for Infected Tibial and Femoral Nonunion: Retrospective Cohort Study and Surgical Technique **Vanessa Chow**
- 2.00pm MCL release utilised to augment arthroscopic medial meniscectomy does not lead to improvement in patient reported outcome measures **Blake Clarke**
- 2.10pm Assessment of Knee Kinematics During Robotic-Assisted Total Knee Arthroplasty: Description of a New Method and Reliability Analysis **Jackson Ellis**
- 2.20pm Counting the Price of Infection: Patient-Level Cost and Length of Stay Burden of Periprosthetic Joint Infection After Hip and Knee Arthroplasty **Liam Fernando-Canavan**
- 2.30pm Lower Limb Muscle Volume and Function Following Anterior Cruciate Ligament Reconstruction: Validation of a Novel Artificial Intelligence-Powered Magnetic Resonance Imaging Analysis Technique **Daniel Gould**
- 2.40pm Radiological Variables affecting Patient Reported Outcome Measures in Total Hip Arthroplasty **Shyamolie Mather**
- 2.50pm Risk factors for thirty-day and one-year mortality in the Australian hip fracture cohort: insights from the Australian and New Zealand hip fracture registry **Sofia Marasco**
- 3.00pm Delay to elective total joint replacement and postoperative outcomes: a retrospective cohort study **Devam Modi**
- 3.10pm Afternoon tea



**REGISTRAR
FREE PAPERS**

Heritage Room

Judges

Friday 20 February 2026

- 3.40pm IDEAL Stage 2a Assessment of a Novel Self-Tensioning Suture and a Third-Generation Biocomposite Suture Anchor in Rotator Cuff Repair: Low incidence of adverse events in 12-Month Outcomes From the PRULO Registry **Cooper Moody**
- 3.50pm Predictors of progression and treatment outcomes in developmental dysplasia of the hip: Early results of the VicHip registry **Thomas O'Donnell**
- 4.00pm Predictors of delayed union and nonunion following femoral and tibial shaft fractures: analysis from the Victorian Orthopaedic Trauma Outcomes Registry (VOTOR) **Shayan Soroush**
- 4.10pm Patient-Reported Outcomes in Robotic and Non-Robotic Joint Replacement in an Australian Public Hospital **Caleb Stone**
- 4.20pm Outcomes of Criteria Led Discharge (CLD) for Lower Limb Joint Arthroplasty at South West Healthcare **Matthew Sun**
- 4.30pm Who Benefits From Surgery? Predictors of Union After Non-Operative and Operative Management of Humeral Shaft Fractures! **Zachary Wong**
- 4.40pm MAKO versus Conventional Total Knee Arthroplasty: One Year Functional Outcome from the St Vincent's Melbourne Arthroplasty Outcomes (SMART) Registry **Ai Yang**
- 4.50pm Break
- 5.00pm Trainee tutorial workshop
- 6.00pm End of workshop



WELCOME COCKTAIL PARTY
Mantra Lorne - Lawns
6.30pm - 8.30pm



Saturday 21 February 2026

7.15am - 8.15am Trainee Tutorial Workshop (Observatory Room)

7.30am Registration

8.20am Welcome **Sina Babazadeh**

8.25am Presentation **Bongiorno Group**

8.30am - 9.30am Hip

8.30am SCFE (when to pin when to reduce) **Lucas Annabell**

8.40am Adolescent Hip Dysplasia - PAOs - Indications and outcomes **Jit Balakumar**

8.50am Post traumatic Hip - management, indications, outcomes **Arvind Jain**

9.00am Periprosthetic Fractures - When to fix and when to revise (what to revise too) **Sam Bewsher**

9.10am Infection in Hip arthroplasty - What is the Gold standard of care in 2026 **Andrew Fraval**

9.20am Discussion

9.30am - 10.30am What's new in Orthopaedics? Stories of Fellowship and Beyond

9.30am Custom implants: the future of ankle salvage surgery? **John Du**

9.40am Navigating the Cutting Edge: Essential Updates and New Technologies in Shoulder and Elbow Surgery
Pamela Boekel

9.50am Knees from East to West **Edward O'Bryan**

10.00am Lateral clavicle transfer for glenoid reconstruction in shoulder instability **Tim Chung**

10.10am 3D Printed Distal Fibula - A Novel option to Save a Young Ankle **Ruchith Dissanayake**

10.20am Don't try this at home, the following are performed by trained professionals: Insights from a French Fellowship experience **Filip Cosic**

10.30am Morning Tea

11.00am - 1.00pm Plenary

11.00am **Keynote:** The Challenge of Treating Elite High Performing Athletes - A 50 Year Perspective **Peter Larkins**

11.30am AOA21 Update **Bryan Ashman**

11.40am AOA Victoria Branch Executive Update **Alasdair Sutherland**

11.50am What Happened to My Patient with that Lump? **Claudia Di Bella**

12.00pm AOA President Update **Mark Moroney**

12.15pm OWL Update **Pamela Boekel**

Hip

Moderators

Sam Joseph
Tyler Mow

What's New in Ortho

Moderators

Sina Babazadeh
Dirk Van Bavel

Plenary

Moderator

Sina Babazadeh

Saturday 21 February 2026

12.25pm VICTORIA BRANCH ANNUAL GENERAL MEETING

1.00pm Lunch

2.00pm - 3.30pm Research, Education & Building a Stronger Unit

2.00pm A tertiary PJI Referral Centre for Victoria **Andrew Fraval**

2.10pm PANEL DISCUSSION: Hot Topics affecting Orthopaedics in Victoria

3.00pm Audience Q&A

3.30pm Afternoon Tea

3.45pm - 4.30pm Shoulder, Elbow, Hand

3.45pm Understanding carpal instability **Michael Bullen**

3.55pm Elbow instability: from subtle signs to stable outcomes **Pamela Boekel**

4.05pm Proximal humerus fractures- can we fix it? **Simon Lau**

4.15pm The spectrum of acromioclavicular joint injuries **James Churchill**

4.25pm Case discussions

Collegiality

Moderators

Harvinder Bedi
Sina Babazadeh

Shoulder Elbow Hand

Moderators

Charles Gallagher
Rebecca Tang



BAREFOOT BOWLS AND BEVERAGES

Lorne Bowlo

5.00pm - 7.00pm

(Registration required if attending - spaces are limited)



Sunday 22 February 2026

History of Orthopaedics

Moderator
Sina Babazadeh

- 8.30am - 9.30am History of Orthopaedics: Each Time History Repeats Itself, the Price Goes Up**
- 8.30am Old to New - OUR Orthopaedic History *Anita Boecksteiner*
- 8.40am Learn Backwards, Work Forwards *John Bartlett*
- 8.50am A History of Cross-linked Polyethylene - the best thing to happen to joint replacement this century
Richard de Steiger
- 9.00am The good, the bad and the ugly: trials and tribulations of a group practice *David Young*
- 9.10am History of Developing Clean Air in Operating Theatres *David Bainbridge*
- 9.20am Discussion

Keynote

9.30am Keynote: The Good, the Bad and the Ugly: Humanitarian Medicine in War Zones *Herwig Drobotz*

10.00am Morning Tea

Foot and Ankle

Moderators
Janet Hsuan
Amy Touzell

- 10.30am - 11.30am Foot and Ankle**
- 10.30am The recurrent hallux valgus post surgery *Hamish Curry*
- 10.37am The missed syndesmosis injury *Sasha Roshan-Zamir*
- 10.44am The missed tendo achilles rupture *John Du*
- 10.51am Questions and discussion
- 11.00am PANEL DISCUSSION: My Worst Complication *Harvinder Bedi, Alison Taylor, Shaun English*

Knee

Moderators
Sam Lynskey
Iswadi Damasena

- 11.30am - 12.30pm Knee**
- 11.30am Predictors of ACL graft failure in young athletes *Tim Lording*
- 11.38am ACL + LET in Elite Football/Rugby: Hamstring vs BPTB Outcomes *Sam Lynskey*
- 11.46am Cartilage repair - Where are we now? *Iswadi Damasena*
- 11.54pm Ozempic, mounjaro and wegovy: results and implications for your knee arthritis practice
Michael O'Brien
- 12.02pm Q&A
- 12.10pm The Great Debate: HTO *Tim Whitehead* vs. UKR *Vishal Pai*
- 12.25pm Case Discussions
- 1.00pm Meeting Close and Lunch

Sponsors

Armadale Anaesthesia Platinum Sponsor



Major Sponsor
Regional Alliance Partner



Major Sponsor

Smith+Nephew National Alliance Partner



SUNDAY SOCIAL EVENT

Enjoy a relaxed morning of coffee, a light breakfast, and meaningful conversation with fellow OWL members. Connect, share experiences, and strengthen professional networks in a welcoming and supportive setting.

Hosted by
Pam Boekel, VIC Branch OWL Chair

SUNDAY 22 FEBRUARY
7:30am - 8:30am | Observatory room

REGISTER FOR FREE
VIA THE QR CODE



Cancellation Policy

Registration cancellations must be made in writing to AOA Event Manager. Conference Registration cancellations received up to 14 days prior to the conference receive a full refund. No refund will be given for cancellations received within 14 days of the conference.

Conference Disclaimer

The program for this Victorian Branch Annual Scientific Meeting (VIC ASM) is correct at the time of publication. However, the Australian Orthopaedic Association (AOA) reserves the right to change dates, the program and speakers without notice as a result of circumstances beyond its control.

The information contained in any documents and publications contained in the VIC ASM conference package and presentations provided at the VIC ASM (Conference Information) is of a general nature and may have been provided at least in part to AOA by third parties. While reasonable care has been exercised to ensure the accuracy of Conference Information, AOA, its officers, directors, employees and agents do not make any representation, guarantee or warranty whether express or implied as to the accuracy, reliability, completeness or currency of Conference Information nor its usefulness in achieving any purpose. Conference attendees and AOA members are responsible for making their own enquiries as to the accuracy, reliability and completeness of any Conference Information before taking any action based on it.

Conference Information may be amended from time to time. Conference attendees and AOA members should make their own enquiries regarding any amendments or alterations to any Conference Information. Conference Information does not constitute medical or professional advice. Conference attendees and AOA members should obtain appropriate medical or professional advice relevant to their own particular circumstances.

To the maximum extent permitted by law, AOA does not accept any:

- responsibility for any opinions, advice or information contained in Conference Information, given or otherwise provided at the VIC ASM; or
- liability (direct or indirect) in contract, tort (including negligence) or otherwise for any injury, loss, claim, damage, incidental or consequential damage, arising out of, or in any way connected with, the use of, or reliance on, any Conference Information, or any error, negligent act, omission or misrepresentation in Conference Information and you waive all potential rights against AOA in this regard.

AOA is committed to diversity and gender equality in healthcare and to removing any practices that hinder that commitment. AOA strives to implement this commitment through its policies, practices and inclusive culture. It is an expectation that every individual who attends an AOA meeting is respected and treated equally regardless of their cultural background, gender, role or particular circumstance. Adherence to this expectation extends to invited speakers/presenters who are required to develop and review the content of their presentation/s to ensure they meet AOA's commitment. AOA reserves the right to remove Conference Information or prohibit a presenter from presenting at the ASM if the content of the presenter's Conference Information does not adhere to these requirements.

Any complaints about discrimination will be dealt with by the Professional Conduct & Standards Chair. (admin@aoa.org.au)

Australian Orthopaedic Association Limited
Suite 1, Level 26, 201 Kent Street
Sydney NSW 2000
Tel: 61 2 8071 8000
Website: aoa.org.au