



2025

AOA Victoria Branch

ANNUAL SCIENTIFIC MEETING

Scientific Program

21 - 23 February 2025 | Mantra, Lorne, Victoria

aoa.org.au/events



Welcome

Venue

The Australian Orthopaedic Association (AOA) is the peak professional body for orthopaedic surgeons in Australia.

AOA provides high-quality specialist education, training and continuing professional development.

AOA is committed to ensuring the highest possible standard of orthopaedic care and is the leading authority in the provision of orthopaedic information to the community.

AOA actively supports scientific research and orthopaedic humanitarian initiatives, in Australia and overseas.

We are looking forward to welcoming you to the **2025 AOA Victorian Branch Annual Scientific Meeting and Annual General Meeting.**

Date 21-23 February 2025

Venue Mantra, Lorne, Victoria

- ◆ This premier event is the highlight of the Victorian Branch year. The program is filled with research from your colleagues featuring engaging presentations across subspecialty groups.
- ◆ It's the perfect opportunity to network, share ideas, and reconnect with the broader orthopaedic community, while also engaging with our valued sponsors.

We do hope all Victorian AOA Members can attend and we look forward to seeing you.

Anita Boekensteiner & Sina Babazadeh (VIC Chair & Scientific Secretary)



Mantra | Lorne





Invited Speakers

Sam Adie	Mike Galvin	William Pianta
Matthew Alexander	Jason Harvey	Vikki Pliatsios
Nathan Anderson	Andrew Jowett	Nimish Seth
Bryan Ashman	Karim Kantar	Andrew Shimmin
Sina Babazadeh	Akib Khan	Jarrad Stevens
Jit Balakumar	Julia Kirby	Varun Roheet Sureshabu Sugandhi
Jonathan Bare	Richard Kjar	Lawrence Tee
Lachlan Batty	Joanna Lenaghan	Alasdair Thomas
Sam Bewsher	Emma Lewis	Sianne Toemoe
Michael Blaser	Kris Lundine	Phong Tran
Anita Boecksteiner	Nick Maister	Geoff Tymms
Pamela Boekel	Avanthi Mandaleson	Dirk van Bavel
Iswadi Damasena	David Mitchell	Kemble Wang
Vikram David	Satwick Motaganahalli	Darren Webb
Richard De Steiger	Vishal Pai	Lachlan Wight
Scott Fletcher	Jack Pang	
Andrew Fraval	Andrew Philpott	

Keynote Speaker - Dermott Brereton



Dermott Brereton is a former Australian rules footballer known for his dynamic career with Hawthorn in the VFL/AFL, where he won five premierships

PLENARY

Saturday 22 February 2025

10.45am - 12.00pm





Friday 21 February 2025

- 12.45pm Registration Open - Lunch
- 1.20pm Welcome - **Sina Babazadeh**
- 1.30pm The impact of multimodal analgesia on the hospital length of stay, opiate consumption and discharge destination of hip and knee arthroplasty patients - **Louay Baroun-Agob**
- 1.40pm A cohort study evaluating wound ooze rates following joint replacement surgery across different wound closure techniques. - **Anthony El-Bitar**
- 1.50pm Comparing the exposure of the ulna coronoid using the anterior or medial surgical approaches – a cadaveric study. - **Sophia Gogos**
- 2.00pm Patients’ Views on Artificial Intelligence for Risk Prediction in Shared Decision-Making for Knee Replacement Surgery: A Semi-Structured Qualitative Interview Study. - **Daniel Gould**
- 2.10pm Intraosseous Entrapment of Median Nerve Post Elbow Dislocation – A Case Series. - **Nathaniel Huang**
- 2.20pm Accuracy Of Augmented Glenoid Component Position Using 3d Pre-Operative Planning Vs. Non-Patient Specific Instrumentation For Mild Glenoid Deficiencies - **Paul Johnson**
- 2.30pm Regional Metal-on-Metal Total Hip Arthroplasty patients:Where are they now? - **Cheryl Lee**
- 2.40pm Implementation of a Universal ERAS+ Program: Decrease in Hospital Length of Stay, Readmission Rates, and Costs within a Tertiary Healthcare Network Serving a Diverse CALD Population. - **Ben McElwee**
- 2.50pm Inter-rater reliability of a range of classification systems for distal radius fractures using radiology text and x-rays: Does experience matter? - **Thomas O'Donnell**
- 3.00pm Afternoon tea
- 3.20pm Utilising prospective multi-spectral analysis of joint fluid aspirates to establish a library of spectral signatures for the rapid diagnosis of septic and inflammatory arthritis - a SPECTRAL study (Spectral Profiles of Joint Effusions with Confirmed Test Results and Arthropathy Library) . - **Vassili Papageorge**
- 3.30pm Outcomes of Multidisciplinary Treatment of Diabetic Charcot Arthropathy: Retrospective Review. - **Isaac Rhee**



REGISTRAR FREE PAPERS

Heritage Room

Judges

Saeed Asadollahi
Rachel Blackshaw
Dirk van Bavel

Friday 21 February 2025

- 3.40pm Functional Outcomes of Lisfranc Injuries. - **Christopher Stubbe**
- 3.50pm Patient reported outcomes following Lisfranc stabilisation using the internal brace system. - **Matthew Sun**
- 4.00pm Artificial Intelligence in Orthopaedic Clinic Practice - Does it make a difference? - **Varun Roheet Sureshababu Sugandhi**
- 4.10pm Outcomes of Conservatively Managed Traumatic Thoracic Vertebral and Rib Fractures in Older Adults at a Level One Trauma Centre. - **Zac Tsigaras**
- 4.20pm Evaluating the Incidence and Contributing Factors of Femoral Neck System Failure in Femoral Neck Fractures: A Retrospective Cohort Study . - **Andrew Webb**
- 4.30pm Break prior to Trainee Tutorial Workshop commencement
- 4.40pm **Trainee Tutorial Workshop (Heritage Room and Observatory Room)**
- 5.40pm End of Tutorial Workshop

**Welcome Cocktail Party
Mantra Lorne - Lawns
6.30pm - 8.30pm**





Saturday 22 February 2025

7.15am - 8.15am **Trainee Tutorial Workshop** (Observatory Room)

7.30am Registration (Conference Centre)

8.30am Welcome - **Sina Babazadeh**

8.40am - 9.40am Hip

8.40am Panel Discussion - Rapid fire panel session on How i do a THR

Panel Members: **Andrew Philpott, Andrew Fraval, Jonathan Bare, Scott Fletcher**

9.10am Management of tendinopathies **Jit Balakumar**

9.25am Hip instability and dual mobility liners **Matt Alexander**

9.40am Morning Tea

10.00am - 10.45am Debate - Artificial Intelligence is more useful to an orthopaedic unit than a registrar

Affirmative - **Lachlan Wight, Si Toemoe, Nimish Seth**

Negative - **Nick Maister, Emma Lewis, Will Pianta**

10.45am - 12.10pm Plenary

10.45am **Keynote Guest Speaker - Dermott Brereton**

11.15am Access Denied: Why It's Time to Embrace ERAS+ and Digital Care Models **Phong Tran**

11.25am ABC travelling fellowship update **Sina Babazadeh**

11.35am EPIK Study **Sam Adie**

11.45am AOA21 Review Implementation Strategy 2025-2027 **Bryan Ashman**

11.55am AOA President Update **Scott Fletcher**

12.10pm - 12.45pm VICTORIA BRANCH ANNUAL GENERAL MEETING

12.45pm Lunch

1.30pm-2.30pm Shoulder/Elbow/Hand

1.30pm Adolescent shoulder instability and MDI - what do we know and not know? **Kemble Wang**

1.40pm Sternoclavicular Joint Dislocation Management at the Royal Children's Hospital Melbourne – Indications, Outcomes and Complications. **Akib Khan**

1.50pm Workcover shoulder injuries- A pilot project with multi disciplinary care. **Varun Roheet**

2.00pm Tips and tricks with elbow fracture dislocations. **Pam Boekel**

2.10pm Questions

Hip

Moderators

Andrew Shimmin
David Mitchell

Debate

Moderator

Jarrad Stevens

Plenary

Moderators

Anita Boecksteiner
Sina Babazadeh

Shoulder Hand | Wrist Elbow

Moderators

Vikram David
Pam Boekel

Spine

Moderators

Kris Lundine
Nathan Anderson

2.30pm - 3.30pm Spine - Spondylolysis and Spondylolisthesis

2.30pm **Guest Speaker** - Spondylolysis in the Adolescent Athlete: Diagnosis, Management & Return to Sport. **Andrew Jowett**

2.42pm What is the Role of Surgery for Spondylolisthesis in the Paediatric Patient? **Karim Kantar**

2.54pm-3.18pm Debate - Low Grade Degenerative Spondylolisthesis with Lumbar Stenosis in the Aging Patient:

Treatment with Decompression Alone vs Decompression + Fusion.

2.54pm Decompression alone is the best option. **Nathan Anderson**

3.06pm Decompression + Fusion is the best option. **Lawrence Tee**

3.18pm Discussion

3.30pm - 3.45pm Afternoon Tea

Trauma

Moderators

Alasdair Thomas
Sina Babazadeh

3.45pm - 4.45pm Trauma

3.45pm: Elbow Trauma - Practical tips for On-call. **Kemble Wang**

3.55pm: Scaphoid Adventures; a tale of woe and success. **Jason Harvey**

4.05pm: Distal radius fractures; tips and tricks. **Avanthi Mandaleson**

4.15pm: Upper limb case based discussion & Questions

4.25pm: Periprosthetic femoral fractures - an even greater challenge for rural centres. **Richard Kjar**

4.35pm: Discussion re rural treatment of trauma

4.45pm Day Ends

SUNSET MOMENT

Almyra (beachfront)

5.00pm - 7.00pm

(Registration required if attending)



AOA
AUSTRALIAN
ORTHOPAEDIC
ASSOCIATION



Sunday 23 February 2025

Hip

Moderators

Andrew Fraval
Sam Bewsher

Foot & Ankle

Moderators

Jo Lenaghan
Mike Galvin

Knee

Moderators

Vishal Pai
Julia Kirby

9.00am - 10.00am Infection

- 9.00am The role of debridement in PJI. **Michael Blaser**
- 9.10am Update on PJI treatment: Evidence, Algorithms, and the Case for Tertiary Centers. **Andrew Fraval**
- 9.20am What I do to prevent infection. **Richard De Steiger**
- 9.30am Functional outcomes from chronic suppression. **Satwick Motaganahalli**
- 9.40am Discussion cases. **Sam Bewsher**
- 10.00am Morning Tea

10.30am - 11.30am Foot and Ankle

- Panel Discussion - Foot and Ankle Complex case
- Panel Members: **Vikki Pliatsios, Darren Webb, Geoff Tymms, Jack Pang**

11.30am - 12.30pm Knee

- 11.30am **Debate:** Robotic knee replacement versus conventional knee replacement, which technique is better?
Dirk van Bavel & Andrew Fraval
- 11.44am Decision making in patellofemoral instability. Tip the balance or leave no stone unturned? **Julia Kirby**
- 11.54am Meniscal root repair: An update on management. **Iswadi Damasena**
- 12.04pm Quads tendon ACL graft: When, why and how. **Lachlan Batty**
- 12.14pm A medico-legal view of alignment in TKR. **Andrew Shimmin**
- 12.24pm Discussion
- 12.30pm Meeting Close and Lunch

Sponsors

Major Sponsors



Event Sponsors



AOA National Alliance Partner





Cancellation Policy

Registration cancellations must be made in writing to AOA Event Manager. Conference Registration cancellations received up to 14 days prior to the conference receive a full refund. No refund will be given for cancellations received within 14 days of the conference.

Conference Disclaimer

The program for this Victorian Branch Annual Scientific Meeting (VIC ASM) is correct at the time of publication. However, the Australian Orthopaedic Association (AOA) reserves the right to change dates, the program and speakers without notice as a result of circumstances beyond its control.

The information contained in any documents and publications contained in the VIC ASM conference package and presentations provided at the VIC ASM (Conference Information) is of a general nature and may have been provided at least in part to AOA by third parties. While reasonable care has been exercised to ensure the accuracy of Conference Information, AOA, its officers, directors, employees and agents do not make any representation, guarantee or warranty whether express or implied as to the accuracy, reliability, completeness or currency of Conference Information nor its usefulness in achieving any purpose. Conference attendees and AOA members are responsible for making their own enquiries as to the accuracy, reliability and completeness of any Conference Information before taking any action based on it.

Conference Information may be amended from time to time. Conference attendees and AOA members should make their own enquiries regarding any amendments or alterations to any Conference Information. Conference Information does not constitute medical or professional advice. Conference attendees and AOA members should obtain appropriate medical or professional advice relevant to their own particular circumstances.

To the maximum extent permitted by law, AOA does not accept any:

- responsibility for any opinions, advice or information contained in Conference Information, given or otherwise provided at the VIC ASM; or
- liability (direct or indirect) in contract, tort (including negligence) or otherwise for any injury, loss, claim, damage, incidental or consequential damage, arising out of, or in any way connected with, the use of, or reliance on, any Conference Information, or any error, negligent act, omission or misrepresentation in Conference Information and you waive all potential rights against AOA in this regard.

AOA is committed to diversity and gender equality in healthcare and to removing any practices that hinder that commitment. AOA strives to implement this commitment through its policies, practices and inclusive culture. It is an expectation that every individual who attends an AOA meeting is respected and treated equally regardless of their cultural background, gender, role or particular circumstance. Adherence to this expectation extends to invited speakers/presenters who are required to develop and review the content of their presentation/s to ensure they meet AOA's commitment. AOA reserves the right to remove Conference Information or prohibit a presenter from presenting at the ASM if the content of the presenter's Conference Information does not adhere to these requirements.

Any complaints about discrimination will be dealt with by the Professional Conduct & Standards Chair. (admin@aoa.org.au)

Australian Orthopaedic Association Limited
Suite 1, Level 26, 201 Kent Street
Sydney NSW 2000
Tel: 61 2 8071 8000
Website: aoa.org.au