



Queensland Branch
ANNUAL SCIENTIFIC MEETING
Scientific Program

8-10 September 2023 | Sofitel, Noosa, Queensland

aoa.org.au/events

Welcome

The Australian Orthopaedic Association (AOA) is the peak professional body for orthopaedic surgeons in Australia.

AOA provides high-quality specialist education, training and continuing professional development.

AOA is committed to ensuring the highest possible standard of orthopaedic care and is the leading authority in the provision of orthopaedic information to the community.

AOA actively supports scientific research and orthopaedic humanitarian

We are looking forward to welcoming you to the **2023 AOA Queensland Branch Annual Scientific Meeting.**

Date 8-10 September 2023

Venue Sofitel Noosa, Queensland

As you are aware the QLD ASM is one of the highlight events of the year and the 2023 program will feature :

- ◆ bone schools for AOA trainees
- ◆ keynote speakers in hand and hip
- ◆ scientific presentations
- ◆ plenary sessions on hand and hip
- ◆ panel and wellness sessions

The Queensland Annual General Meeting has been scheduled for Saturday 9 September 2023 at 4:55pm (for AOA members only).

We look forward to welcoming you to Noosa!

David Bade & David Liu
QLD Chair & Scientific Secretary



AOA
AUSTRALIAN
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ASSOCIATION

Keynote Speakers



Jeff Ecker
Hand and Wrist Surgeon
Western Australia



Scott Fletcher
Hip and Knee Surgeon
Tasmania



Bill Walter
Hip and Knee Surgeon
New South Wales



Friday 8 September 2023

Bone School

7.45am - Welcome to Bone School. Concurrent Sessions (AOA Trainees only)

BONE SCHOOL CONCURRENT SESSION 1: LAGUNA 1

8.00am -10.00am: HIP (Years 1 and 2)

Topics: Examination, Imaging, Surgical approaches, Primary THA, Revision THA, Joint registry

Presenters: Rohan Brunello, Lorenzo Calabro, Scott Fletcher, Bill Walter

10.00am MORNING TEA

10.30am - 12:30pm: HIP (cont) (Years 1 and 2)

Topics: THR in complex hip, sequelae childhood hip disorder, AVN, metastatic bone disease, bone grafting, approaches in the difficult case

Presenters: James Cox, Tyson Doneley, Philip Rowell, Martin Lowe

12.30pm LUNCH

1:30pm: EXAM SESSIONS - ALL TRAINEES: LAGUNA 1

1.30pm Preparing for and passing the FRACS exam Jonathan Quinn

Study strategies and exam technique John McNicholl

3.00pm AFTERNOON TEA

3.30pm Exam cases and discussion Jonathan Quinn, John McNicholl

5.00pm End of Day

BONE SCHOOL CONCURRENT SESSION 2: LAGUNA 2

8.00am-10:00am: HAND (Years 3 and 4)

Hand, Examination, Surgical Approaches, Imaging

Presenters: Greg Couzens, Jeff Ecker

10.00am MORNING TEA

10.30am - 12:30pm - HAND (cont) (Years 3 & 4)

Carpal instability, DRUJ, TFCC, wrist fusion, PRC, approaches.

Presenters: Andrew Mayo, Jeff Ecker

Saturday 9 September 2023



8:00am WELCOME - David Bade.

8:10am REGISTRAR FINALIST PAPERS - 2022 & 2023 QLD Registrar Papers Day. Moderator: Lorenzo Calabro. Judges: Zhenya Welyczko, Michael McAuliffe, Michael Johnson

8:10am Fracture Related Infection: a 10-year Population-Based Epidemiological and Health Economic study. **Andrew Foster (Virtual)**

8:25am Computer Assisted Analysis of Complex Proximal Humerus Fractures. **Luke Visscher**

8:40am Intra-operative macroscopic assessment of fracture-related infections (FRI). **Heidi Freeman**

8:55am Reduced Anterior Knee Pain and Improved Function Following Suprapatellar versus Infrapatellar Intramedullary Nailing of the Tibia: Results of a Randomised Controlled Trial. **Michael Erian**

9:10am It's more than distance: Investigating Risk Factors for Non-Attendance at Fracture Clinics in Far North Queensland. **John Maunder**

9:25am Can Vitamin C improve hand and wrist function and decrease pain post distal radius fracture fixation: a prospective double blinded randomised control trial? **Ian Verrall**

9:40am Do four-strand half peroneus longus tendon grafts have a similar yield load to failure when compared to four-strand semitendinosus tendon grafts? **Christopher Kleimeyer**

9:55am Discussion

10:00am MORNING TEA

10:30am - 11:45am: PLENARY SESSION - HIP. Moderator: James Cox

10:30am Spino-pelvic considerations in THA. **Philip Rowell**

10:45am Spino-pelvic planning for THR. **Bill Walter**

11:00am Hip Alignment ... a 3D perspective. **Scott Fletcher**

11:15am Are 36mm heads a good idea? A study from AOANJRR. **Ross Crawford**

11:30am Discussion

11:45am - 1:00pm: PLENARY SESSION HAND. Moderator: Ben Hope

11:45am Factitious disorders- Things are not always what they seem. **Randy Bindra**

12:00pm DRUJ instability. **Jeff Ecker**

12:15pm Advances in scapho-lunate ligament reconstruction. **Greg Couzens**

12:30pm Treatment strategies and rehab for Dupuytren's. **Michael Thomas**

12:45pm Discussion

1:00pm LUNCH

2:00pm-3:00pm: HOT ISSUE SESSION - Hospital ownership by surgeons- unethical or the future? Moderator: David Bade

David Bade (QLD Branch Chair), Scott Fletcher (2nd AOA Vice President) Ben Ryan (Senior Associate, Commercial & Corporate - Avant Law), Michael Johnson (1st AOA Vice President).

3:00pm SURGEON WELLNESS SESSION

3:00pm Doctor Burn-Out.

3:15pm QLD Surgeon Well-bring Working Group Update. **David Bade**

3:30pm Discussion and Resources. **Doctors Health QLD representative**

3:40pm Discussion

4:00pm AFTERNOON TEA

4:30pm AOA Presidential Address. **Michael Johnson**

4:50pm Registrar Paper Awards. **David Bade and Ross Crawford**

4:55pm QLD Branch Annual General Meeting (AOA Members only). **David Bade**

5:30pm CLOSE OF DAY

7:00pm CONFERENCE DINNER - Bistro C, Noosa (FULLY BOOKED)

5:00pm - 6:00pm - QDOG Meeting - Ballroom 1 (invitation only)

6:00pm - 7:00pm ORTHOPAEDIC WOMEN'S LINK (OWL) SOIREE - Lilypond Terrace

7:00pm - 10:00pm WELCOME COCKTAILS - Softel Poolside



Sunday 10 September 2023



7:30am - 9:30am - AOA Wellness Activites (hike, volleyball and stretchlab)

HIP AND HAND

9:30am-11:00am HIP CONCURRENT SESSION: LAGUNA 1. Moderator: James Cox

9:30am Enabling technology in hip replacement. **Bill Walter**

9:42am Patient selection and technique for resurfacing. **Bill Walter**

9:54am Early failure in THA. **Scott Fletcher**

10:06am Cementless stems- To collar or not to collar? **Tyson Doneley**

10:18am Bone cement implantation syndrome and mortality in #NOF. **Ross Crawford**

10:30am THR for metastatic disease. **Martin Lowe**

10:42am Discussion

11:00am MORNING TEA

11:30am-1:00pm HIP CONCURRENT SESSION - LAGUNA 1. Moderator: Tyson Doneley

11:30am Enhanced recovery concepts in THA. **Rohan Brunello**

11:42am Infection prevention in THA. **Zhenya Welyczko**

11:54am Approaches in THA - Does it make a difference? **Rohan Brunello**

12:06pm Dual mobility THA - Why and when? **Lorenzo Calabro**

12:18pm Downsizing and minimising medialisation of the acetabular component:

Novel technique to preserve bone in THR. **Ross Crawford**

12:30pm Discussion

9:30am-11:00am HAND CONCURRENT SESSION: Ballroom 2&3. Moderator: Michael Thomas

9:30am-10:20am Panel Discussion - My way is the best way to treat base of thumb arthritis

Panel: Michael Thomas, Jeff Ecker, Randy Bindra, Greg Couzens, Andrew Mayo

10:20am TFC injuries. **Benjamin Hope**

10:30am Cubital tunnel syndrome - Less is more. **Randy Bindra**

10:40am Arthroscopic bone graft of scaphoid. **Jeff Ecker**

10:50am Discussion

11:00am MORNING TEA

11:30am-1:00pm HAND CONCURRENT SESSION: Ballroom 2&3. Moderator: Michael Thomas

11:30am How to fix the unfixable distal radius fracture. **Jeff Ecker**

11:40am Unusual approaches for uncommon fractures of the hand. **Randy Bindra**

11:50am Role of wrist arthroscopy in distal radial fractures. **Andrew Mayo**

12:00pm Wrist arthroplasty. **Benjamin Hope**

12:10pm Making fractures great again. Intramedullary fixation of metacarpal fractures. **Greg Couzens**

12:20pm Operative treatment of chronic PIP dislocations. **Randy Bindra**

12:30pm Discussion

1:00PM CLOSE AND LUNCH

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