



2026

AOA QLD Branch

REGISTRAR PAPERS DAY & QDOG PHO DEVELOPMENT DAY

Scientific Program

27 March 2026 | Queensland Health Building

aoa.org.au/events



Welcome

The Australian Orthopaedic Association (AOA) is the peak professional body for orthopaedic surgeons in Australia.

AOA provides high-quality specialist education, training and continuing professional development.

AOA is committed to ensuring the highest possible standard of orthopaedic care and is the leading authority in the provision of orthopaedic information to the community.

AOA actively supports scientific research and orthopaedic humanitarian initiatives, in Australia and overseas.

We look forward to welcoming you to this double drop event.

Date 27 March 2026
Venue Queensland Health Building, 15 Butterfield Street, Herston QLD

QDOG invites all PHOs to join us for an event packed with workforce and career insights, clinical pearls, doctor wellbeing and research highlights. PHOs are encouraged to stay on and support their colleagues presenting at the AOA QLD Registrar Papers session.

The Friday evening social will allow an opportunity to connect with colleagues and mentors.

Vivek Shridhar
QDOG Chair
PHO Development Session Convenor

Michael Lutz
AOA QLD Branch
Scientific Secretary
Registrar Papers Session Convenor



QDOG PHO Development Day

7.30am	Registration
8.00am	QDOG Welcome Vivek Shridhar
8.05am	Keynote Mark Moroney
8.30am	QDOG and QSSN update Vivek Shridhar & Michael Thomas
8.45am	FNQ Training Region / Opportunities and Advantages for Training and Working in the Regions Ruth Varrall
9.00am	Suture material properties and optimising wound closure and healing Vivek Shridhar and DePuy Synthes
9.15am	Tibial Nailing, the Pitfalls and some tips and tricks Grant Menegon
9.30am	Wealth Creation Opportunities & Protection for Doctors in Training Daniel James & Tyson Rech, Walshs
9.55am	Morning tea
10.20am	Maintaining Good Mental Health in a challenging environment and seeking help when you need it! Ira van der Steenstraten
10.45am	Wellness Research Study – outcomes so far Sarah Metz
10.55am	Planning for difficult trauma cases, How I do it, tip and tricks Brady Bonner
11.03am	How to prepare for the AOA advanced training interview - insights Brady Bonner
11.10am	Technology and Orthopaedics Renee Teys, Stryker
11.20am	PHO through to Training Journey- The Highs and the Lows Fionnuala Kelly
11.30am	OWL – Supporting Education and Training in Orthopaedics Ruth Varrall
11.40am	Selection Process AOA Training Program with RTC and FTC updates Rohan Brunello
11.55am	Moderated Open Mic Q&A
12.10pm	Networking lunch

Friday Evening Social
5pm - 7pm
The MarketCart
15 Butterfield St,
Herston Q 4006

REGISTRATION
ESSENTIAL

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AOA Registrar Free Papers

12.55pm Queensland Orthopaedic Research Fund Presentation **Greg Couzens**

SESSION 1:

- 1.00pm Surgical Accuracy with X-Ray-Based Patient-Specific Instrument (X3DPSI®) vs Conventional Instrument in Total Knee Arthroplasty Surgeries **Yash Wagh**
- 1.08pm Operative time differences in primary total knee arthroplasty between navigated and robotic technology assistance **Rory Young**
- 1.16pm Substantial Improvement in Short-Term Survivorship and Hospital Length of Stay in Patients Receiving Robotic Arm-Assisted Medial Unicompartmental Knee Arthroplasty: A Retrospective Cohort Study **Tim Cheok**
- 1.24pm Discussion

SESSION 2:

- 1.30pm Persistent opioid usage post total knee replacement **Punkaja Amarasekera**
- 1.38pm Is there any difference in outcome between early and delayed manipulation under anaesthesia following primary total knee arthroplasty? **Rohan Anil**
- 1.46pm Predictors of Blood Transfusion in Primary Total Hip and Knee Arthroplasty: An Australian Arthroplasty Single-Centre Study **Fraser Labrom**
- 1.54pm Patient perception of modifiable risk factors prior to undergoing joint replacement in Queensland **Parvati Dadwal**
- 2.02pm Discussion

SESSION 3:

- 2.10pm Challenging assumptions; how can we explain the higher rates of anterior cruciate ligament injuries in Maori and/or Pacific Islander adolescents? **Shefta Huda**
- 2.18pm Single versus double hamstring tendon graft in anterior cruciate ligament reconstruction in the paediatric patient: preliminary results from a single-blind randomised controlled trial **Garrett Malayko**
- 2.26pm Risk factors for Graft Failure in Paediatric Anterior Cruciate Ligament Reconstruction: Queensland Children’s Hospital Registry Results at Two Year Follow Up **Alexander Seeto**
- 2.34pm Discussion

Moderated by
Michael Lutz

Judges

Ruth Varrall
Greg Couzens
Natasha Van Zyl

AOA Registrar Free Papers

2.40pm Afternoon tea

SESSION 4:

- 3.10pm Understanding Biomechanical and Growth-Related Drivers of Progression in Adolescent Idiopathic Scoliosis **Mark Rainey**
- 3.18pm Clinical Outcomes of Semiconstrained Growing Rods on Deformity Correction in Early-Onset Scoliosis **Zihao Zhang**
- 3.26pm Ultrasonic Interspinousplasty for Lumbar Bastrup Impingement – Report of 2 Cases **William Peters**
- 3.34pm Discussion

SESSION 5:

- 3.40pm An AOANJRR analysis of hemiarthroplasty outcomes in geriatric, comorbid patients following neck of femur fracture **Jonathan Bigwood**
- 3.48pm The Geometric Paradox of Femoral Neck Fixation Devices: Understanding Frontal Plane Projection Limitations **Scott Le Rossignol**
- 3.56pm Ankle fractures in geriatric patients: Risk factors and Treatment – the Far North Queensland regional perspective **Susie Lee**
- 4.04pm Discussion

SESSION 6:

- 4.10pm Feasibility and safety of ultrasonic bone removal tools in Unilateral Biportal Endoscopic Lumbar Decompressive Surgery **William Peters**
- 4.18pm Risk Factors of Venous Thromboembolism Following Foot and Ankle Surgery – A Narrative Review **Daniel Brimm**
- 4.26pm Establishing a double-blinded Registry-nested surgical randomised controlled trial: Implementation of the RAPSODI-AUS study at Sunshine Coast University Hospital **Karn Bal**
- 4.34pm Discussion

4.40pm Closing address

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