



AOA
AUSTRALIAN
ORTHOPAEDIC
ASSOCIATION



CELEBRATING 90 YEARS
OF CLINICAL EXCELLENCE
AND GLOBAL ENGAGEMENT



Tasmania Branch ANNUAL SCIENTIFIC MEETING Scientific Program

31 July - 2 August 2026 | Spring Bay Mill, Tasmania

aoa.org.au/events

Welcome

The Australian Orthopaedic Association (AOA) is the peak professional body for orthopaedic surgeons in Australia.

AOA provides high-quality specialist education, training and continuing professional development.

AOA is committed to ensuring the highest possible standard of orthopaedic care and is the leading authority in the provision of orthopaedic information to the community.

AOA actively supports scientific research and orthopaedic humanitarian initiatives, in Australia and overseas.

Dear Members and Guests,

Welcome to the 2026 AOA Tasmanian Branch Annual Scientific Meeting.

It is our great pleasure to welcome you to Spring Bay Mill on Tasmania's spectacular east coast for this year's ASM. Set amongst breathtaking coastal scenery, we look forward to sharing a few days of learning, discussion and connection with colleagues from across the country.

This year's program features an outstanding lineup of guest speakers. We are delighted to welcome Desmond Bokor, a pioneer in shoulder arthroscopy and surgical innovation; Jit Balakumar, recognised for his leadership in orthopaedic education and training; Herwig Drobetz, whose international career has spanned trauma surgery, military medicine and humanitarian work; and Roger Bingham, whose distinguished career has combined clinical excellence with a longstanding commitment to teaching, mentoring and advancing orthopaedic practice across Australia and beyond.

Alongside a diverse scientific program, including free paper presentations showcasing the latest research and clinical developments, the ASM provides a valuable opportunity to reconnect with friends and colleagues and exchange ideas.

Thank you for joining us. We hope you find the meeting both professionally rewarding and personally enjoyable, and we look forward to welcoming you throughout the event.

Matthew Wilkinson, Chair
Timothy Marshall, Convenor



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Keynote speakers

Desmond Bokor - Sydney
(Shoulder)

Jit Balakumar - Victoria
(Hip & Knee)

Herwig Drobetz - Queensland
(Trauma)

Roger Bingham - Tasmania
(Hip, Knee & Trauma)

WELCOME DINNER

Sawtooth Terrace
Friday 6.30pm - 9.00pm

CONFERENCE DINNER

Banksia Room
Saturday 6.00pm - 9.00pm



Keynote - Herwig Drobetz



The good is the Bad is the Ugly - Humanitarian Surgery in Conflict Zones

Saturday 1 August

An Austrian-trained orthopaedic trauma surgeon based in Lismore, NSW, with a PhD and professorship at the University of Sydney, specialising in distal fractures, tele-medicine, and sustainability. Passionate about humanitarian medicine, he has served with MSF and the Red Cross, teaches war surgery globally, and leads initiatives in orthoplastic care for low-resource settings.

Saturday 1 August

8.15am	Registration and exhibition open	
8.45am	Welcome address	Matthew Wilkinson
SESSION 1 - Contemporary Trauma Care		
8.55am	<i>Keynote presentation:</i> Title TBA	Roger Bingham
9.25am	Using a personal board of directors to overcome the wealth traps that orthopaedic surgeons make	Rick Caldwell & Mitch McKeown, Bongiorno Group
9.45am	Free paper presentations	
9.45am	Operative versus non-operative management of anterior cruciate ligament ruptures in grappling sports athletes: a narrative review	Raza Arakkal
9.53am	Bilateral Tibial Tuberosity Avulsion Fractures in an Octogenarian Following a Low-Energy Fall: Fixation Using a Plate with Hooked Tines	Silas Hamilton
10.01am	Fragility Pelvic and Acetabular Fractures: Understanding Mortality and Associated Factors	Antony Takla
10.09am	Discussion	
10.15am	Morning tea	
SESSION 2 - Advances in Upper Limb Surgery and Infection Management		
10.45am	<i>Keynote presentation:</i> Understanding The Development Of Idiopathic Shoulder Osteoarthritis And The Place Of Anatomic Shoulder Replacement	Desmond Bokor
11.15am	Free paper presentations	
11.15am	Accuracy of Augmented Glenoid Component Placement in Reverse Shoulder Arthroplasty with Mild Glenoid Deficiency: A Comparison of Patient-Specific and Conventional Instrumentation Using Preoperative 3D Planning	Paul Johnson
11.23am	Outcomes of WALANT for carpal tunnel release	Laurent Willemot
11.31am	Do diabetic patients with prosthetic joint infection have a different microbiological profile? Data from a prosthetic joint infection database	Luke Haas
11.39am	Fourier transformation infrared (FTIR) spectroscopy of synovial fluid as a diagnostic tool for painful knee replacements: a SPECTRAL Trial substudy	Thomas McIntire
11.47am	Early experience with arthroscopic bone block for shoulder instability, clinical and radiological outcomes	Matthew Wilkinson

Saturday 1 August

11.55am	Disucssion	
12.05pm	Panel Discussion - Complex Cases, Expert Perspectives	Invited speakers
1.00pm	Lunch	
1.20pm	Optional tour of Spring Bay Mill	
	SESSION 3 - Invited guest speaker	
2.20pm	<i>Invite speaker presentation:</i> The Good is the Bad is the Ugly - Humanitarian Surgey in Conflict Zones	Herwig Drobetz
	SESSION 4 - Optimising Arthroplasty Outcomes	
3.00pm	Free paper presentations	
3.00pm	Impact of BMI on gap laxities, flexion range and functional outcomes in robotic assisted TKA	Leo Lambers
3.08pm	Evaluation of Performance of the Medial Congruent Polyethylene Design in Total Knee Replacements within an Australian cohort	James Glover
3.16pm	Beyond posture: What an orthopaedic hospital relocation taught me about mallets, ergonomics and reproducibility of surgery	Jonathan Mulford
3.24pm	Discussion	
3.30pm	Afternoon tea	
	SESSION 5 - AOA Updates	
3.50pm	AOA21 Review	Bryan Ashman & Ally Keane
4.05pm	Accademy of Clinical Excellence	Mark Moroney
4.15pm	Direct Accreditation and CPD	Mark Moroney
4.25pm	AOA Preisident's update	Mark Moroney
4.40pm	AOA Tasmanian Branch AGM	
5.00pm	END DAY 1	

CONFERENCE DINNER
Banksia Room
Saturday 6.30pm - 9.00pm



Sunday 2 August

9.00am	Registration and exhibition open	
	SESSION 6 - Advances in Lower Limb Arthroplasty	
9.15am	<i>Keynote presentation:</i> Title TBA	Jit Balakumar
9.45am	Free paper presentations	
9.45am	Dislocation Rates and Post-Dislocation Management Outcomes in Dual Mobility Implants used in Elective Primary Total Hip Arthroplasty: A Scoping Review	Daniel Kim
9.53am	Effect of transitioning from robotic-assisted to patient-specific total knee arthroplasty following hospital relocation: a workflow and efficiency analysis	Jonathan Mulford
10.01am	Development and Validation of a Clinician-Developed AI Tool for Automated CPAK Classification on Long-Leg Radiographs	Jacobus Petrus Strydom
10.09am	GLP-1 receptor agonists: Panacea or Pandora's box for orthopaedic surgeons?	Jonathan Mulford
10.17am	Uni- versus Total Knee Arthroplasty for Spontaneous Osteonecrosis of the Knee (SONK): A Review of the Current Evidence and Rationale for an AOANJRR Registry Study	Morgan Neasey
10.24am	Discussion	
10.34am	Morning tea	
	SESSION 7 - Optimising Orthopaedic Care	
11.00am	Theoretical Empirical Antibiotic Coverage of Updated Therapeutic Guidelines for Acute and Late Acute Prosthetic Joint Infection: A Retrospective LGH Cohort Study	Daniel Kim
11.08am	TAS ORTHO-SIM: A Prototype Medical History Taking Simulator for Medical Students and Literature Review	Brandon Roberts
11.16am	Reduced Dose Perioperative Non-Steroidal Anti-Inflammatory Drugs in Arthroplasty Patients With Renal Impairment: A Five-Year Cohort Study	Alistair Stanny
11.24am	To Bear or Not to Bear: Does Early Weight Bearing After Ankle Fracture Fixation Reduce Length of Stay?	Caroline Lam
11.32am	The use of Intraosseous injections at the time of knee replacement surgery to reduce infection and pain. Current literature, practices and ongoing research	Matthew Wilkinson
11.40am	Fellowship experience	Nick Marson
11.48am	Discussion	
	SESSION 8 - Debate and AGM	
12.00pm	<i>Debate:</i> Should we continue to offer joint arthroplasty surgery in the obese (BMI > 40)	
1.00pm	Lunch	
1.30pm	END CONFERENCE	

attention to detail pays at tax time

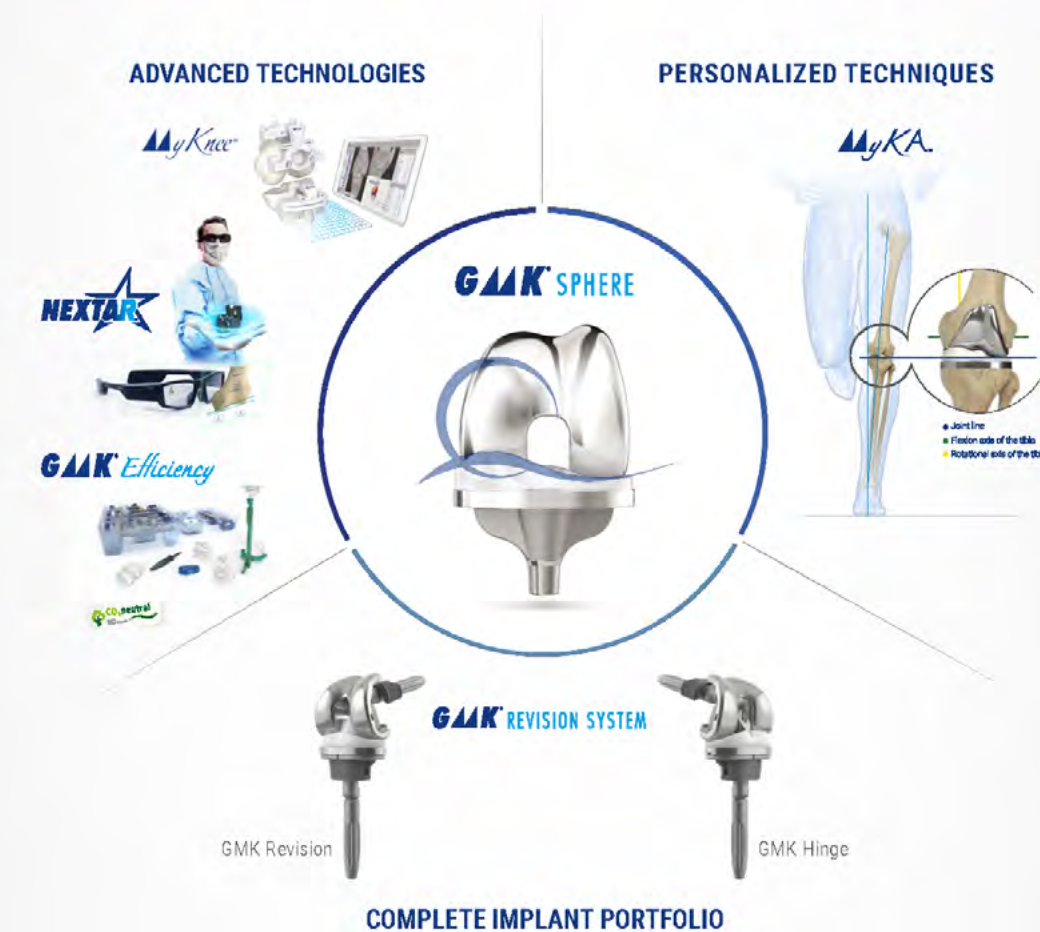
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