

# SCIENTIFIC PROGRAM

# 2025 AORA Annual Scientific Meeting

10-11 OCTOBER 2025  
BALLROOM 3  
HOTEL GRAND CHANCELLOR, HOBART



**AOA**  
Registrars

# Friday - 10 October 2025



7.45am Registration

9.00am Welcome - **Jerry Lin**

## 9.10am - 12.00pm Session 1 Free Papers - Moderator - Catherine Guest

- 9.10am **Konrad Lemke** - Volar Plating of Scaphoid Fractures: A Retrospective Case Series
- 9.20am **Bruno Eiras Crepaldi** - Carpal Kinematics in the Normal, Scapholunate Ligament Deficient, and Surgically Reconstructed Wrist.
- 9.30am **Heidi Freeman** - Scapholunate ligament injuries: a systematic review of long-term outcomes post-operatively
- 9.40am **Nicholas Coulshed** - Trends in the Management of Supracondylar Humerus Fractures in Australia: A 14-Year Medicare Benefits Schedule Analysis and Narrative Literature Review
- 9.50am **Gareth Davies** - Revision Total Elbow Arthroplasty: Managing infection and bone loss. A case series
- 10.00am **Joseph Whittle** - A systematic review of patient-reported outcome measures used in shoulder instability research
- 10.10am **James Onggo** - Revision rates between obese and non-obese total shoulder arthroplasty patients: An Australian registry data study

10.20am Morning Tea

- 10.50am **Luke Sugars** - Changes in the number, type and acuity of Orthopaedic unplanned patients admitted to a regional hospital over a ten year interval.
- 11.00am **Andrew Thompson** - Introducing an orthopaedic trauma list to a regional hospital: Improved efficiencies and patient outcomes
- 11.10am **Sahand Imani** - Definitive single-stage surgery for treating diabetic foot osteomyelitis: a protocolized pathway including antibiotic bone graft substitute use
- 11.20am **James Onggo** - No Increased Risk of Patella Related Revisions When Comparing Ultra-Congruent Versus Cruciate-Retaining Polyethylene Liners in Primary Total Knee Arthroplasties with an Unresurfaced Patella: An Australian Registry Study of 42,105 Knee Arthroplasties
- 11.30am **Lachlan Wight** - Exploding nails: Management of a complex periprosthetic subcapital fractured neck of femur above a Fixion expandable intramedullary nail.
- 11.40am **Myles Knapman** - Post-Operative Periprosthetic Hip Fractures: Time to Theatre and its Impact on Mortality and Complications
- 11.50am **Keith Landale** - Epidemiology and Outcomes of Occult (Troponin Based) Myocardial Injury in Elderly Hip Fracture Patient

12.00pm Lunch

## 1.00pm - 6.00pm Session 2 Contemporary Issues for Orthopaedic Trainees - Moderator - Jerry Lin

- 1.00pm **Jerry Lin** - Session Opening
- 1.10pm **Bongiorno National Network - Nick Fennessy | Mathew Homewood** - Financial Obligations as Trainees
- 1.30pm **Catherine Guest** - The year leading up to the FEX
- 1.45pm **Stephen Milgate** - An Update on the SIMG Pathway & Staying out of Trouble as a young surgeon
- 2.05pm **Joe Isaacs** - Preparation for the FEX
- 2.25pm **Avant - Alison Fischer** - Protecting your Financial Stability
- 2.50pm Afternoon tea
- 3.10pm **Ramsay Health Care - Rachael Watson & Lisa McFadden** - The Business of Orthopaedics – how to get started in private practice.
- 3.30pm **Flavia Senkubuge** - Invited Speaker - South Africa - Perspectives on navigating the registrar journey and the what next?
- 3.50pm **Kate Stannage** - Pregnancy Guidelines in Training
- 4.05pm **Scott Fletcher** - The year as AOA President
- 4.20pm **International Presidential Carousel** - Invited Speakers - The Advice I Needed at Your Stage of Training
- 5.20pm **Jerry Lin | Scott Fletcher | Joe Isaacs** - Summary & Award Ceremony
- 5.40pm **Stryker - John O'Hare | Jerry Lin** - Fellowship Opportunities and how to organise them

6.00pm - 8.00pm Argo Welcome Cocktail Reception – celebrating 20 years of support for Orthopaedic Trainees - Hotel Chancellor



# Saturday - 11 October 2025



FEX focused Upper limb instructional course curated by  
Shoulder and Elbow Society of Australia



## 8.30am - 12.20pm Shoulder Focus Moderator: Richard Jamieson

- 8.30am Opening to SESA Instructional Course & Overview of program
- 8.40am The FEX Exams and how to tackle them
- 9.10am Approach to the Stiff Shoulder (15 mins)
- 10.05am Cuff Disease – Natural History and Small to Large Tears
- 10.15am Management Options for Massive Cuff Tears
- 10.25am Shoulder arthroplasty (incl. registry data)

**Richard Jamieson**  
**Alison Taylor**  
**Marc Hirner**  
**Sumit Raniga**  
**Sumit Raniga**  
**Richard Page**

- 10.40am Small Group Session 1  
Shoulder Examination (Instability / Cuff / Neuro)

All faculty

11.10am Morning Tea

- 11.30am Instability – Laxity, Traumatic, Posterior
- 11.40am Instability with bone loss
- 11.50am Young OA of the Shoulder
- 12.05pm Tendinopathy and Biologics – State of the Art in Shoulder & Elbow

**Wade Harper**  
**Wade Harper**  
**Andrew McBride**  
**Allan Wang**

## 12.20pm - 1.10pm Shoulder Cases Moderator: Richard Page

- 12.20pm Small Group Session 2  
Shoulder Cases (OA, CTA, Bone Loss, MDI, TF Tears)

All Faculty

1.10pm Lunch

## 1.40pm - 5.20pm Elbow Moderator: Jeff Hughes

- 1.40pm Examination of the Elbow
- 2.00pm Surgical Exposures around the Elbow
- 2.10pm Nerve Assessment / Lesions around the Elbow
- 2.30pm Distal Biceps / Triceps – Repair + Reconstruction
- 2.50pm Osteoarthritis of the elbow and elbow arthroscopy

**Jeff Hughes**  
**Video**  
**Emma Lewis**  
**Jeff Hughes**  
**Richard Jamieson**

- 3.00pm Small Group Session 3  
Practice Examination / Decision making with different elbow pathologies

All faculty

3.45pm Afternoon Tea

- 4.05pm Management of Proximal Ulna / Distal Humeral Fractures and terrible Triad
- 4.25pm Elbow Instability
- 4.40pm Radial Head Arthroplasty
- 5.00pm Elbow Arthroplasty – Hemi / TEA / Revision

**Richard Page**  
**Richard Jamieson**  
**Jeff Hughes**  
**Jeff Hughes**

## Moderator: Richard Page

- 5.20pm Panel Q&A | Wrap-Up Discussion | SESA Drinks – Trainees and Faculty
- 6.30pm Day Ends

All Faculty

7.00pm Social Networking Evening - Telegraph Hotel, Hobart

# Sunday - 12 October 2025

7.15am - 9.15am or 9.30am - 11.30am      AORA FEX Written Exam - Ballroom 3 Hotel Grand Chancellor  
Jerry Lin / David Morris / Tom Crookes

Please note: candidates will be informed of their session time



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