

PROVISIONAL PROGRAM

2024 AORA Annual Meeting

11 - 12 OCTOBER 2024 | BRISBANE



AOA
Registrars

Friday - 11 October 2024



AOA

Registrars

7.30am	Registration	3.00pm	Tarso-metatarsal joint arthritis and LisFranc injuries Anatomy of the mid-foot Movement of the tarso-metatarsal joints Controversies in fixation of fourth and fifth tarso-metatarsal joints
8.00am	Registrar Free Papers	3.10pm	Small group discussion and computer stations Case 1 – acute fixation of five-ray LisFranc fracture/dislocation Case 2 – fusion of the tarso-metatarsal joints
12.00pm	Lunch	3.30pm	Calcaneal fractures Anatomy of calcaneal fractures – constant fragments Debate and current literature on management of calcaneal fractures – to fix or not to fix? Outcomes of calcaneal fractures
12.30pm	Hallux rigidus Pathophysiology of hallux rigidus – gout, short first metatarsal, familial etc Imaging findings in hallux rigidus – XR, CT and MRI, dual-energy CT Examination of hallux rigidus	3.40pm	Small group discussion and computer stations Case 1 – sinus tarsi approach to fix calcaneal fracture Case 2 – primary fusion of subtalar joint in severe fracture
12.40pm	Small group discussion and computer stations Non-operative management – orthotics, footwear advice Case 1 – revision first metatarsophalangeal joint fusion with tricortical bone grafting Case 2 – dorsal chilectomy	4.00pm	Hindfoot arthritis Conditions associated with ankle arthritis – post-traumatic, haemochromatosis, haemophilia etc Examination of the ankle and subtalar joint Role of injections into the ankle and subtalar joint Imaging of the ankle and subtalar joint
1.00pm	Morton's neuroma and tarsal tunnel syndrome Anatomy of the nerves in the foot and ankle Entrapment syndromes of the foot and ankle Neurological examination of the foot and ankle Tumours/infection – red flags	4.10pm	Small group discussion and computer stations Case 1 – ankle arthritis for ankle fusion Case 2 – subtalar arthritis for subtalar fusion
1.10pm	Small group discussion and computer stations Case 1 – revision morton's neuroma excision through the sole of the foot Case 2 – tarsal tunnel release	4.30pm	Achilles tendon injuries Anatomy and blood supply of the achilles tendon Examination of the achilles tendon Imaging of the achilles tendon – MRI versus ultrasound Non-operative versus operative management of achilles tendon ruptures
1.30pm	Charcot arthropathy and the diabetic foot: Multi-disciplinary management of charcot arthropathy Pathophysiology of charcot Stages of charcot Differentiating between charcot arthropathy and osteomyelitis	4.40pm	Small group discussion and computer stations: Non-operative management of mid-substance and insertional achilles tendinopathy Case 1 – chronic rupture requiring FHL transfer Case 2 – insertional achilles tendonopathy and aglund's deformity surgical management
1.40pm	Small group discussion and computer stations How to do a total contact cast, the role of CROW walker, monofilament testing and toe pressures Case 1 – mid-foot unstable charcot arthropathy Case 2 – charcot arthropathy of the ankle and hindfoot nail technique	5.00pm	Close of day 1
2.00pm	Osteochondral defects of the ankle: Vascularity of the talus Mechanism of osteochondral defects		
2.10pm	Small group discussion and computer stations Non-operative management of an OCD – when to watch and wait Case 1 – unstable osteochondral defect requiring open repair Case 2 – massive osteochondral defect in a young person management		
2.30pm	Afternoon tea		

6.30pm - 9.30pm
Welcome Cocktails

Saturday - 12 October 2024

8.30am	Foot drop and the cavovarus foot: Neurological causes of the cavovarus foot Muscle imbalances resulting in a cavovarus foot How to examine a cavovarus foot Results of nerve conduction studies in a cavovarus foot	11.00am	Amputations Limb salvage versus amputation – current evidence in severe lower limb trauma Different types of amputations Types of prosthesis used in amputations Counselling/psychological support and multi-disciplinary teams involved in amputations
8.40am	Small group discussion and computer stations Non-operative management – role of orthotics, wedging, ulcer management etc Case 1 – flexible neurological cavovarus foot – tib post transfer, heel shift osteotomy, first ray osteotomy Case 2 – triple arthrodesis	11.10am	Small group discussion and computer stations Case 1 – severe trauma of the lower limb and acute below knee amputation Case 2 – chronic forefoot pathology and syme amputation
9.00am	Ankle instability Anatomy of ankle instability Role of the syndesmosis in ankle pain assessment and treatment Examination of the unstable ankle MRI evaluation of the unstable ankle	11.30am	Tibialis posterior tendon dysfunction: Anatomy of the tibialis posterior tendon Biomechanics of the flat foot Examination technique of the the planovalgus foot Radiology findings in the planovalgus foot – role of x-ray, ultrasound, CT and MRI
9.10am	Small group discussion and computer stations Non-operative management of ankle instability – common rehabilitation protocols Case 1 – ATFL, CFL lateral ligament injuries requiring brostrom-type reconstruction +/- internal brace Case 2 – isolated syndesmosis injury requiring stabilisation – screws vs tightrope (or similar)	11.40am	Small group discussion and computer stations: tibialis posterior tendon dysfunction: Non-operative management of the flexible planovalgus foot Case 1 – surgical management of the flexible planovalgus foot – FDL, calcaneal osteotomy, gastrocnemius lengthening, spring ligament recon +/- arthrodesis screw Case 2 – surgical management of the arthritic planovalgus foot – triple arthrodesis
9.30am	Rheumatoid forefoot Current rheumatoid medications – what to stop prior to elective surgery Other surgical considerations for the rheumatoid foot – cervical spine instability, upper limb involvement and difficulty with crutches etc Examination of the rheumatoid foot	12.00pm	Gait assessment
9.40am	Small group discussion and computer stations Shoewear modifications and non-operative management Case 1 – Severe rheumatoid forefoot and fowler's procedure	12.30pm	Lunch
10.00am	Morning tea	1.30pm	Exam Technique – Paerls and Pitfalls of the FEX
10.30am	Hallux valgus and lesser toe deformities: Anatomy of hallux valgus Examination techniques for hallux valgus Radiology findings – role of weight bearing x-rays	2.30pm	Tumours about the foot and ankle Soft tissue sarcoma Osteosarcoma Aneurysmal bone cyst
10.40am	Small group discussion and computer stations: Non-operative management of hallux valgus Case 1 – surgical management of severe hallux valgus deformity – arthrodesis or basal osteotomy Case 2 – surgical management of symptomatic mild hallux valgus deformity – scarf or chevron osteotomy	3.00pm	Infections about the foot and ankle Calcaneal osteomyelitis Salvage procedures
		3.30pm	Afternoon tea
		3.45pm	Total ankle joint replacement Role in modern orthopaedics and fellowship exam discussion
		4.15pm	Awards & Invited International Presidents & AOA Presidential Address
		5.30pm	Close



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