



ASM 2023

Scientific Program

16 -19 November 2023



Alan Getood



Dr. Al Getgood is an Associate Professor at the University of Western Ontario and orthopaedic surgeon and clinician scientist specialising in complex knee reconstruction at the Fowler Kennedy Sport Medicine Clinic, London, Ontario. He completed his primary medical degree at the University of Edinburgh followed by orthopaedic residency and a research Doctorate (MD) at the University of Cambridge. His fellowship training included time in London (Ontario), Banff (Alberta) and Coventry (UK).

Dr. Getgood's clinical practice focuses on complex soft tissue reconstruction of the knee. He has been successful in securing over 9 million dollars in peer reviewed and industry funded grants to build his pre-clinical and clinical research program focusing on complex ligament reconstruction and joint preservation. Particular achievements include being awarded the J Edouard Samson Research award from the Canadian Orthopaedic Foundation in May 2021, the premier research award for career research in Canadian Orthopaedics. He also received the American Journal of Sports Medicine Hughston Award in 2023, the American Orthopaedic Society of Sports Medicine (AOSSM) 2019 O'Donoghue Sports Injury Award, the 2019 Jan Gillquist Award and the 2017 Albert Trillat Young Investigator award (both from the International Society of Arthroscopic Knee surgery and Orthopaedic Sports medicine -ISAKOS), all for the ISAKOS/OREF funded multicentre STABILITY study investigating the use of lateral extra-articular tenodesis in ACL reconstruction.

Furthermore, Dr Getgood has recently been awarded CIHR and NIH grants (5.3 million CAD) for the follow up STABILITY 2 study, investigating different graft choices in ACL reconstruction. Further awards have included the Ontario Early Researcher Award in 2016 and a Canadian Foundation for Innovation JELF award which has provided support for laboratory research staff and infrastructure respectively.

Dr. Getgood has authored over 160 peer-reviewed articles and numerous book chapters. He has given over 200 national and international conference presentations, lectures and demonstrations. He is a member of the ACL Study Group Board of Directors and is the 2025 ISAKOS Biennial Congress program Chairman. Dr. Getgood is a member of the Herodicus Society, ESSKA, ICRS and a founding member of the International Meniscus Reconstruction Forum (IMReF). He was the 2019 ICRS Annual congress clinical program chair, the ACL study group program chair in 2023, deputy program chair for ISAKOS in 2023 and was a member the program committee for ESSKA 2020 biennial congresses.

Dr Getgood also works as a visiting surgeon at the International Knee and Joint Clinic, Abu Dhabi, United Arab Emirates, and the Aspetar Sport Medicine Clinic, Doha, Qatar.



Laurie Hiemstra



Dr Hiemstra is a Fellowship trained orthopaedic surgeon working in Banff, Canada. She holds an Associate Professor appointment at the University of Calgary. The clinical and research program in Banff is focused on knee ligament injury, prevention of secondary injury, rehabilitation and surgical outcomes with an emphasis on ACL injury and reconstruction and patellofemoral instability. Laurie is on the Board of Directors of the Patellofemoral Foundation, Banff Sport Medicine Foundation, Canadian Orthopaedic Association (COA) and the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS). Laurie has published over 75 peer reviewed papers and is a national and international speaker.

Laurie obtained her Medical Degree from the Memorial University of Newfoundland, completed an orthopaedic residency at the University of Manitoba, and a Clinical Fellowship in Orthopedic Sport Medicine at the University of Western Ontario. She also attained a PhD in Neuromuscular Physiology. Laurie has worked as an Orthopaedic Surgeon at Banff Sport Medicine since 2005. Her clinical focus is on patellofemoral instability and ACL reconstruction.

Laurie is the current President of the Canadian Orthopaedic Association (COA)

She is also an active member of many sport medicine organizations including the the Arthroscopy Association of Canada (AAC), International Society of Arthroscopy, Knee and Orthopedic Sports Medicine (ISAKOS), European Society for Sport Traumatology, Knee Surgery and Arthroscopy (ESSKA) Arthroscopy Association of North America (AANA), the American Orthopedic Society of Sports Medicine (AOSSM), and the International Patellofemoral Study Group.

Dr. Hiemstra has a keen interest in gender diversity and inclusion in orthopaedic surgery. She is the chair of the Gender Diversity and Inclusion Task Force for both the COA and for ISAKOS. She is a founding member of the International Orthopaedic Diversity Alliance (IODA) and Women in Orthopaedics Worldwide (WOW). She is the chair of the Gender Diversity and Inclusion Task Force for both the COA and for ISAKOS.

Guest Speakers

Session 6 vvm-bomv

7u-ouv7 Myles Coolican and Andrew Shimin

- 1.50pm Case #1
- 2.05pm Case #2
- 2.20pm Case #3
- 2.35pm Case #4
- 2.45pm Case #5
- 3.05pm Case #6

3.15pm Afternoon Tea

3.30pm AKS annual business meeting (AKS MEMBERS ONLY)

6.30pm Gala Dinner - Cape Schanck

Sunday 19 November 2023

vvbom7u-ouv900uo7h7

- 9.00am **Burt Klos (John Bartlett)** - High Incidence of ALL /Segond avulsion in High Resolution Ultrasound Imaging
- 9.15am **Burt Klos (John Bartlett)** - Validation of dynamic ultrasound imaging in partial and complete anterior cruciate ligament tears; a retrospective study in 249 patients
- 9.20am **Brian Devitt** - Resolution of Kaplan Fiber injury is observed in a majority of cases at 9-months following acute primary anterior cruciate ligament reconstruction: A radiological study
- 9.25am **Steve Lawrie** - ACL Graft Maturation Assessment via MRI: A Comparative Study of Four Different Graft Types and Surgical Procedures
- 9.30am Discussion
- 9.40am **Magnus Forssblad (Karl Eriksson)** - The Swedish ACL registry – Trends and the future
- 9.45am **Karl Eriksson** - The Swedish national ligament registry. Multi-ligament injuries; incidence, treatment, results and revisions
- 9.50am **Yoon Kyoung Ho (Tim Lording)** - My 25 years' experience of PCL injury.
- 9.55am Discussion

7 u-ouv900by7

- 10.05am **Peter D'Alessandro** - Patients Undergoing Reconstruction for Multi-Ligament Knee Injuries caused by Pivoting Sports Restore Function and Return to Sport at a Similar Level to their Isolated ACL Counterparts: A Prospective Matched Cohort Study
- 10.10am **Peter Annear** - Development of a proximal hamstring tear MRI-based scoring tool: assessment of repair status and correlation between clinical and MRI-based outcomes after proximal hamstring surgical repair.
- 10.15am **David Wood** - The Frequency in Nature of Nerve Injury After Proximal Hamstring Avulsions Assessing Causation by Trauma and Iatrogenic Means
- 10.20am Discussion
- 10.30am Morning Tea

Session 7 Moderators 77710777v-m7uo

- 10.50am **Rhee Seung Joon (Tim Lording)** - Hybrid Lateral Closed-Wedge High Tibial Osteotomy Showed Similar Accuracy in Angular Correction and Reduction of Posterior Tibial Slope Compared to Opening-Wedge High Tibial Osteotomy: A Correction Angle Matched Cohort Study
- 10.55am **David Parker** - Survivorship of medial open wedge high tibial osteotomy for medial compartment osteoarthritis: factors explaining conversion to total knee arthroplasty.
- 11.00am **Min Jung (Tim Lording)** - Cartilage repair using particulated costal allograft
- 11.05am **Sat Gohil (Peter Annear)** - Early experience with fresh osteochondral allograft transplantation for large osteochondral defects of the knee
- 11.10am **Alistair Mayne (Peter D'Alessandro)** - Outcomes following isolated mosaicplasty fixation of unstable knee osteochondritis dissecans; a combined mechanical and biological solution?
- 11.20am Discussion
- 11.30am **Greg Janes** - Tibial Post Fractures in Smith and Nephew Posterior Stabilised Total Knee Arthroplasty
- 11.34am **Matt Liptak** - Maxm skate - the evolution of an evidence based digital and tangible rehabilitation solution for total knee replacements.
- 11.38am **Chris Vertullo** - Does everyone really need Physiotherapy after Knee Arthroplasty? The Knee Arthroplasty Physiotherapy Pathways (KAPPA) trial.
- 11.42am **Roger Paterson** - Arthroscopic synovectomy of Knee Replacements with post-op corticosteroid injections
- 11.46am Discussion
- 11.55am Closing Remarks
- 12.00pm Meeting Closed / Lunch

1.00pm Coach Transfers depart to Melbourne Airport

Sponsors



Australian Knee Society

Conference Disclaimer



The program for this Annual Scientific Meeting (ASM) is correct at the time of publication. However, the Australian Knee Society (AKS) reserves the right to change dates, the program and speakers without notice as a result of circumstances beyond its control.

The information contained in any documents and publications contained in the ASM conference package and presentations provided at the ASM (Conference Information) is of a general nature and may have been provided at least in part to AKS by third parties. While reasonable care has been exercised to ensure the accuracy of Conference Information, AKS, its officers, directors, employees and agents do not make any representation, guarantee or warranty whether express or implied as to the accuracy, reliability, completeness or currency of Conference Information nor its usefulness in achieving any purpose.

Conference attendees and AKS members are responsible for making their own enquiries as to the accuracy, reliability and completeness of any Conference Information before taking any action based on it.

Conference Information may be amended from time to time. Conference attendees and AKS members should make their own enquiries regarding any amendments or alterations to any Conference Information.

Conference Information does not constitute medical or professional advice. Conference attendees and AKS members should obtain appropriate medical or professional advice relevant to their own particular circumstances.

To the maximum extent permitted by law, AKS does not accept any:

- responsibility for any opinions, advice or information contained in Conference Information, given or otherwise provided at the ASM; or
- liability (direct or indirect) in contract, tort
- (including negligence) or otherwise for any injury, loss, claim, damage, incidental or consequential damage, arising out of, or in any way connected with, the use of,
- or reliance on, any Conference Information, or any error, negligent act, omission or misrepresentation in Conference Information and you waive all potential rights against AKS in this regard.

AKS is committed to diversity and gender equality in healthcare and to removing any practices that hinder that commitment. AKS strives to implement this commitment through its policies, practices and inclusive culture.

It is an expectation that every individual who attends an AKS meeting is respected and treated equally regardless of their cultural background, gender, role or particular circumstance. Adherence to this expectation extends to invited speakers/presenters who are required to develop and review the content of their presentation/s to ensure they meet AKS's commitment. AKS reserves the right to remove Conference Information or prohibit a presenter from presenting at the ASM if the content of the presenter's Conference Information does not adhere to these requirements. Any complaints about discrimination will be dealt with by the Professional Conduct & Standards Chair. (admin@aoa.org.au)